

A Well-being Playlist

The Hear Me Now Podcast

Episode 059

22 December 2022

"Love's In Need of Love Today	Stevie Wonder	"Songs in the Key of Life"
"Spanish Steps"	Van Morrison	"Poetic Champions Compose"
"Chrysalism"	Toonorth	"Chillhop Essentials Spring 2020"
"Go Up Moses"	Roberta Flack	"Quiet Fire"
"Right On" (feat. Joanna Newsom)	The Roots	"How I Got Over"
"Three Little Birds"	Bob Marley & The Wailers	"Legend: The Best of Bob Marley"
"Song Song"	Ben Wendel	"What We Bring"
"Kids and Dogs" (2021 Remaster)	David Crosby	"If I Could Only Remember My Name"
"Particula"	Major Lazer	"Know No Better EP"
"The Breaking of the Fellowship"	The Lord of the Rings	"LOTR: The Fellowship of the Ring"
"Days of the Ring/Into the West"	Howard Shore	"LOTR: The Return of the King"
"Don't Think Twice, It's All Right"	Bob Dylan	"perf. Billy Strings"
"Opening"	Philip Glass	"Glassworks"
"Retracing Home"	Bob Boilen	"Hidden Smiles"
"1/2"	Brian Eno	"Ambient 1: Music for Airports"
"Someone to Watch Over Me"	Keith Jarrett	"The Melody at Night, with You"
"My Life"	Iris DeMent	"My Life"
"Plowshare Prayer"	Spencer LaJoye	"Plowshare Prayer" — Single